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DONATE

Teens Gotta Talk

WHEN: EVERY TUESDAY BEGINNING JUNE 18th

TIME: 5:30-6:30PM

WHERE: ONLINE & IN-PERSON AT THE KELLIN FOUNDATION

COST: FREE!

REGISTRATION OPEN FOR ALL RISING 9TH-12TH GRADERS.

Teenagers in 9th-12th grade are invited to join Kellin Foundation after school for TEENS GOTTA TALK, where they will have a space to talk about the issues and stressors that impact their personal life.

As a collective, we will tackle the challenges of daily life, delving into topics such as managing stress and developing coping mechanisms, fostering a positive self-image and enhancing self-love. Additionally, we'll focus on educating ourselves about mental health, learning



Teens Gotta Talk is also currently offered at several schools as after school programming. To inquire further about how you can get your school involved, please contact us at 336. 429.5600, or email us at info@kellinfoundation.org.

strategies to promote our well-being, and addressing issues related to depression and anxiety in a constructive manner.

Sign up for Teens Gotta Talk, make new friends, support each other and aim to reach our full potential! By addressing mental health challenges teenagers face, Teens Gotta Talk will help you find your strength and live a life full of hope and fulfillment.

REGISTER FOR FREE BELOW OR CALL 336-429-5600 for more information.

Register Online here!

Kellin Foundation

Mailing Address

2110 Golden Gate Drive, Suite B Greensboro, NC 27405 (336) 429-5600

Fax: (336) 850-5600

Info@KellinFoundation.org

One Organization, Multiple Locations

Main Service Locations

Golden Gate Location Greensboro, NC 27405 Hope Hub Location Greensboro, NC 27403 RCC Location HPLERS OF PRETIZE 105 Monday 8AM-12PM, 1-2PM Tuesday 8AM-12PM, 1-5PM Thursday 8 AM-12PM, 1-5PM Thursday 8 AM-12PM, 1-7PM

Follow

Friday 8AM-12PM, 1-2PM

Saturday & Sunday CLOSED

*Several additional locations in Greensboro and High Point, including telehealth throughout Guilford County and the state of North Carolina.

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-814-5400